# **A group of gold statues Description automatically generated**

*Manjushrii Bodhisattva, Shakyamuni Buddha, and Kuan Yin (Avalokiteshvara) Bodhisattva*

*at the Main Buddha Hall, The Holy Vajrasana Temple and Retreat Center, Sanger, California*

# **Welcome to the Learning from**

# **Buddha College & Seminary**

*A Buddhist On-Line Institution &* *Seminary*

*Featuring the True Buddha Dharma from the*

*Holy Vajrasana Temple & Retreat Center and the Xuanfa Institute*

Do you want to learn the highest teachings of the Buddha? Do you want to know how to traverse these troubled times and find peace and happiness in this mess that can seem darker with each passing day? How do we exist and prosper in what Shakyamuni Buddha predicted would be the Dharma Ending Age?

It is not well known in the West, but a very special Buddha—the teacher of Shakyamuni Buddha—incarnated in China in the last century and settled in America around the beginning of this millennia. He just left us, but He left behind what Buddhas do—a path we can follow to enable us to be enlightened holy beings who can help others out of our suffering and pain. His teachings are not readily available yet in English, but we have many that are available as preliminary translations and when COVID necessitated using the internet to share these translations it was possible to start a virtual college and seminary that enables us to learn directly from Buddha on-line at the Learning from Buddha College & Seminary (LFBCS).

H.H. Dorje Chang Buddha III has been recognized by the most highly realized practitioners of Buddhism as the third incarnation of the original Buddha, Dorje Chang Buddha (Buddha Vajradhara). Dorje Chang Buddha is the teacher of all Buddhas–past and future–including the Buddha of our current era, The Most Honored One, Shakyamuni Buddha.

Many do not understand what the phrase “most highly realized practitioners” means. These are the saints or holy beings who through their own efforts of diligently cultivating themselves to be like Buddhas and practicing holy teachings or Dharmas to become Buddhas have actually achieved some recognizable accomplishments. Many are not so well known, as they have spent their lives in isolation so as to perfect their cultivation and practice and remained out of the limelight. Not all famous or well-known Buddhists are accomplished, but some are. There were sixty dharma kings and others who recognized the accomplishments of H.H. Dorje Chang Buddha III. This recognition was based on His accomplishments in all of the five vidyas. Many Buddhists–probably most–do not even know what the term “five vidyas” means, but if you carefully research the historic accounts, you will find that it was based on such accomplishments that the great Buddhists of times past were recognized and not by worldly sources. Several of the courses at LFBCS discuss H.H. Dorje Chang Buddha III and His accomplishments in the five vidyas. The five vidyas are what Buddhas and Bodhisattvas do to help living beings as expressed in craftsmanship and the arts (technology can be included here, too), our healing or fixing that which is broken (think medicine, diplomacy, plumbing, cosmetology, etc.), sound (music, poetry, birdsong, falling rain, etc.), causality, and inner realization.

We should all agree that these are the dharma ending days that Shakyamuni Buddha predicted. It was also predicted that great holy beings would incarnate from time-to-time to help those with the karmic affinity to receive such help through this difficult period. We should remember our Buddha Master’s parting words to us:  “**. . . At all times, we must think about bringing auspiciousness, serenity, happiness, and peace to living beings and to the world, to the extent of giving our all and even our lives. I have already brought true Buddha Dharma to this world. Everyone who practices in accordance with The Supreme and Unsurpassable Mahamudra of Liberation and Imparting the Absolute Truth Through the Heart Sutra will surely attain liberation. That’s all. I wish all living beings happiness.” We use preliminary English translations of these two great works and other sutras and discourses by His Holiness as the core of our programs at LFBCS.**

Our courses are designed to help us develop our cultivation of character and of our minds through the practice of various Dharmas. Cultivation is a term translated from the Chinese term “xiuxing” to explain an essential part of being a Buddhist. It is part of what a practicing Buddhist does. “Xiu” does mean to cultivate or repair, but “xiuxing” means much more in Chinese. It is the art of practicing perfection, to become a Buddha or perfect one. There is no equivalent word in English, but it involves self-reflection on what you do and what you do to other beings, comparing your behavior to that of a Buddha, and vowing to do better until you can become like a Buddha. All the 84,000 dharma methods of the Buddha are teachings to help us become moral so that we can behave like a Buddha in speech and actions and develop our minds so that we can think like a Buddha and understand the true nature of reality and thus know how to better behave like a Buddha.

Cultivation is reflecting on and living your life in keeping with the three trainings of morality, concentration, and wisdom. “Cultivation of Character” involves the morality aspect of these trainings, while “Cultivation of the Mind” involves developing the second, our concentration. Wisdom is the result of the first two and also what is required to further develop our character and minds.

Dharma practice is the specific techniques that one uses to help achieve this. The Buddha taught 84,000 different methods to match the 84,000 afflictions and character flaws of living beings. Many of these methods still exist in the world today, and may involve chanting certain mantras or scriptures, visualization, various forms of meditation, etc. At Learning from Buddha College and Seminary, we strive to promote and encourage followers of all sects within Buddhism from the Theravada, Mahayana, or Vajrayana traditions as well as non-Buddhists who sincerely cultivate themselves to become more virtuous and holy beings by practicing morality and concentration (meditation) and thus developing their wisdom.

You may enroll in a free membership as an Auditing Student and listen to readings of preliminary translations of many of the Dharma Discourses and texts transmitted by H.H. Dorje Chang Buddha III [any course with an (A) in the course Identification Number]. The Dharma should always be free, but we require a current email and information on how to reach you as we have vowed to let you know as soon as official or more current translations are available. The Buddhist Studies Program and the two programs included in the Xiuxing Seminary Program have a monthly enrollment fee which helps cover the ongoing costs of hosting this website and the recurring software costs to bring you structured classes with assignments, discussion groups, exams, and the like. We also offer a monastic discount and scholarships for those who need them. Our facilitators, mentors, administrators and the people who maintain our website are all volunteers. Most of the texts used are available to download free, although many of the preliminary translations can only be shared through recorded videos or from zoom discussions of the material. We hope to have all translations available for download, but the translation process takes time and written copies cannot be freely distributed until they have been approved.

**LFBCS Website for course descriptions and to register and enroll:** [**https://learningfrombuddha.org/**](https://learningfrombuddha.org/)

**Thus Have I Seen (and Heard), Zhaxi Zhuoma’s weekly BLOG for course updates and scheduled zoom sessions and other Buddhist news:** [**https://www.zhaxizhuoma.org/**](https://www.zhaxizhuoma.org/)

**The Holy Vajrasana Temple & Retreat Center Website: for information on the temple and general information on Buddhism:** [**https://holyvajrasana.org/**](https://holyvajrasana.org/)

**The Xuanfa Dharmazentrum Website:** [**https://xuanfa-dharmazentrum.de**](https://xuanfa-dharmazentrum.de) **(German**), [**https://xuanfa-dharmazentrum.de/en/**](http://xuanfa-dharmazentrum.de/) **[English]**

**Brochure: English Guide to the True Buddha Dharma of H.H. Dorje Chang Buddha II (PDF):** [**https://www.zhaxizhuoma.org/english-sources-of-h-h-dorje-chang-buddha-iiis-dharma/**](https://www.zhaxizhuoma.org/english-sources-of-h-h-dorje-chang-buddha-iiis-dharma/)

**Enrollment Options**

We do require you become a member to be able to listen to the recorded readings of discourses by H.H. Dorje Chang Buddha III, because these are only preliminary translations, and we need to know how to inform you when we have authorized translations available. There are three levels of membership available: Free Auditing, Buddhist Studies, and Xiuxing Seminary with two programs available at the Seminary—one with both an academic and practice focus and one that focuses more on the practice. The Certificate programs do not require and undergraduate degrees but the Master’s degrees to require a degree from an accredited school.

**Free Auditing Student Program:** Anyone may join this program. No undergraduate degree is required to enroll in individual (A) courses. You can also download many sutras and articles to read from other courses. Auditing students do not receive homework assignments and are not allowed to participate in debates or presentations and are not usually included in ZOOM discussions. You do not receive any certificate or degree and this membership is free.

**Buddhist Studies Program:** Enrolling in this membership plan gives you all the free courses plus related courses that include homework assignments, discussion groups, exams and a 36-credit Buddhist Studies Master’s degree or Certificate. If space permits, you may also participate in the course debates, and you can take the courses at your own pace for a $10 monthly fee. You do not need to become a Buddhist to enroll in this program, but you should take at least one seven-day retreat.

**Xiuxing Seminary Program:** This program includes everything in the Buddhist Studies Program plus additional practice-oriented courses. It is for the student who wants to become a Dharma Master and be able to have his or her own Dharma Center or temple, take students, and/or focus on a serious Buddhist practice. You do need to take refuge and be a Buddhist to enroll in this program and be able to attend several meditation retreats including at least a 30-day or longer solitary retreat to receive the Xiuxing Master’s degree or Certificate. You will participate in debates and/or make presentations on what you have learned from the courses. Again, you can complete this 72-credit program at your own pace for a $15 monthly fee.

**Xiuxing Practice Program**: This list of courses does not lead to any degree or certificate but is oriented to the student who just wants to focus on his or her practice of the Dharma learned from H.H. Dorje Chang Buddha III. It is considered a subset of the Xiuxing Seminary Program that grew out of the requirements needed to be able to have an effective Solitary Retreat at the Holy Vajrasana Temple. It also requires that the student has received and is actively practicing a certain number of Dharmas.

**Catalog of Courses**

There are nine types of courses plus electives that can be from any of the major types. Since almost all of the Dharma Discourses and texts are only readings of preliminary translations and were not reviewed or approved by H.H. Dorje Chang Buddha III, they can only be used as general reference and not considered authentic Buddha Dharma. They have, however, been reviewed by a Translation Group of senior practitioners and certainly worthy of our study. We will revise our courses to include approved translations when they are available.

**Credit Requirements by Types of Classes and Programs**

|  |  |  |  |
| --- | --- | --- | --- |
| ***Category of Classes*** | ***Buddhist Studies Program*** | ***Xiuxing Seminary Program*** | ***Xiuxing Practice Program*** |
| Elective Courses | 0 | 3 | 0 |
| G=General-Miscellaneous | 1 | 2 | 0 |
| D=Dharma Discourses by H.H. Dorje Chang Buddha III | 14 | 28 | 11 |
| V=Sutra about Dorje Chang Buddha II (Ven. Vimalakirti) | 1 | 1 | 0 |
| DCB=Sutras from H.H. Dorje Chang Buddha III | 9 | 10 | 9 |
| SB=Sutras from Shakyamuni Buddha | 3 | 7 | 0 |
| C=Classic Commentaries, Treatises, or Shastas | 3 | 8 | 0 |
| B=Biographies of Holy Beings | 1 | 3 | 0 |
| P=Buddhist Practice & Events | 3 | 6 | 3 |
| R=Meditation Retreats | 1 | 4 | 3 |
| TOTAL REQUIRED CREDITS | **36** | **72** | **26** |

**NOTES**:  Any course title that includes an (A) is available to all members--those with either a Free (Auditing Student) or Full Membership (Buddhist Studies or Xiuxing Seminary/Practice Students). They are mostly recordings of Dharma Discourses or texts based on Dharma Discourses by H.H. Dorje Chang Buddha III and do not include instructions, quizzes, assignments, or most other course materials or resources. Only those who are Full Members can access the other courses, which do include those things. Any course code containing a “X” can only be taken by a full member who is enrolled in the Xiuxing Seminary. These (A) courses are not “for credit” towards a degree or certificate, but some may be required as prerequisites.

* A course that contains a “+” in its Course identification Number requires reading or listening to a translation of the text at either the Holy Vajrassana Temple or another temple that has the ability to translate the text. An English translation of the text is not yet available for reading on the internet.
* Electives can be from any of the nine categories, but most courses can only be counted once in meeting the required credits, although they may be taken any number of times.

**I-Buddhist Studies Certificate or Master’s Program**

|  |  |  |  |
| --- | --- | --- | --- |
| *Credits* | *Course ID* | *Course Title* | *Prerequisites* |
| 0 | G02 | [**Spiritual Autobiography**](https://learningfrombuddha.org/courses/g02-spiritual-autobiography/) | None. Required to take before enrolling in any other courses. |
| 1 | G03(A) | [**Evolution of Buddhism  & Five Vidyas**](https://learningfrombuddha.org/courses/g03a-evolution-of-buddhism-five-vidyas/) |  |
| 1 | D01 | [**Buddhism for Beginners, Listening to the Supreme & Magnificent Dharma**](https://learningfrombuddha.org/courses/d01-buddhism-for-beginners-listening-to-the-dharma/) | G02 |
| 1 | D02 | [**Buddhism for Beginners, On Suffering**](https://learningfrombuddha.org/courses/d02-buddhism-for-beginners-on-suffering/) | G02, D01(A) |
| 1 | D02.1 | [**Buddhism for Beginners, Cultivating Good Fortune & Wisdom**](https://learningfrombuddha.org/courses/d02-1-advanced-buddhism-cultivating-good-fortune-wisdom/) | G02, D01(A), D02(A) |
| 1 | D03 | [**Buddhism for Beginners:  Impermanence**](https://learningfrombuddha.org/courses/d03-buddhism-for-beginners-impermanence/) | G02, D01(A) |
| 1 | D07(A) | [**Buddhism for Beginners, Cause and Karmic Affinity**](https://learningfrombuddha.org/courses/d07a-buddhism-for-beginners-cause-and-karmic-affinity/) |  |
| 1 | D12 | [**Buddhism for Beginners, Twenty Dharmas**](https://learningfrombuddha.org/courses/d12-buddhism-for-beginners-twenty-dharmas/) | G02, D01(A) |
| 1 | D13 | [**Buddhism for Beginners, Cutting-off Attachment to Self**](https://learningfrombuddha.org/courses/d13-buddhism-for-beginners-cutting-off-attachment-to-self/) | G02, D01(A) |
| 1 | D14 | [**Buddhism for Beginners, Opening the Crown**](https://learningfrombuddha.org/courses/d14-buddhism-for-beginners-opening-the-crown/) | G02, D01(A) |
| 1 | D15 | [**Buddhism for Beginners, Supernatural Powers and Qigong**](https://learningfrombuddha.org/courses/d15-buddhism-for-beginners-supernormal-powers-and-qigong/) | G02, D01(A) |
| 1 | D35(A) | [**Buddhism for Beginners: The 128 Evil & Erroneous Views**](https://learningfrombuddha.org/courses/d35a-the-128-evil-and-erroneous-views/) |  |
| 1 | D52 | [**Advanced Buddhism, Making Vows**](https://learningfrombuddha.org/courses/d52-advanced-buddhism-making-vows/) | G02, D01(A) |
| 1 | D53 | [**Advanced Buddhism, Beginning-less-ness**](https://learningfrombuddha.org/courses/dcb53/) | G02 D01(A) |
| 1 | D56 | [**Advanced Buddhism, Benefiting Living Beings**](https://learningfrombuddha.org/courses/d56-advanced-buddhism-benefitting-living-beings/) | G02, D01(A) |
| 1 | D62 | [**Advanced Buddhism, The Differences between Exoteric and Esoteric Buddhism**](https://learningfrombuddha.org/courses/d62x-advanced-buddhism-the-differences-between-exoteric-and-esoteric-buddhism-test-course/) | G02, D01(A), D44(A) |
| 1 | V01 | *Vimalakirti Nirdesa Sutra* | G02 |
| 1 | DCB12 | [***The Dharma of Cultivation***](https://learningfrombuddha.org/courses/dcb12-the-dharma-of-cultivation/) | G02, D01(A), D35(A) |
| 6 | DCB21- DCB26 | [***+Imparting the Absolute Truth through the Heart Sutra***](https://learningfrombuddha.org/courses/dcb21-imparting-the-absolute-truth-through-the-heart-sutra-part-i/) | G02, D01(A) |
| 2 | DCB35 | [***Learning From Buddha***](https://learningfrombuddha.org/courses/dcb35-learning-from-buddha/) | DCB12, D22(A) |
| 1 | SB3? | [***The Nikayas* or *Agamas (take one of the series)***](https://learningfrombuddha.org/courses/sb31-the-nikayas-i/3725/) | G02 |
| 2 | SB54 | [***Saddharmapundarika (Lotus) Sutra***](https://learningfrombuddha.org/courses/sb54-saddharmapundarika-lotus-sutra/) | G02 |
| 2 | C23 | *Bodhisattvacharyavatara* | G02, D35(A), G03(A) |
| 1 | C41(A) | [**Three Principal Stages & Paths**](https://learningfrombuddha.org/courses/c41/) |  |
| 1 | B\_\_ | Select 2 biographies ( [**B24-Lady Niguma,**](https://learningfrombuddha.org/courses/b24-lady-niguma-10th-11th-centuries/) [**B26-Milarepa,**](https://learningfrombuddha.org/courses/b26-master-milarepa-1052-1135/) &  [**B37-Dolpopa**](https://learningfrombuddha.org/courses/b37-master-dolpopa-1292-1361/)   are only biographies currently available) | G02, D35(A), G03(A) |
| 1 | P01 | [**Advanced Buddhism, Introduction to the *SAUMOL***](https://learningfrombuddha.org/courses/p01-introduction-to-the-supreme-unsurpassable-mahamudra-of-liberation-saumol/) | D02(A), D02.1(A), D03(A), D35(A) |
| 1 | P10 | [***The Great Dharma of Zen Practice***](https://learningfrombuddha.org/courses/p10-the-great-dharma-of-zen-practice/) | G02, D01(A) |
| 1 | R95 | [**+Short Term Retreats**](https://learningfrombuddha.org/courses/r95-one-to-seven-day-meditation-retreats/) | G02, P10 |
| 1 | P90 or P95 | [**Final Comprehensive Exam**](https://learningfrombuddha.org/courses/p90-final-comprehensive-exam/) or [**Dissertation**](https://learningfrombuddha.org/courses/p95-dissertation/) | G02 |
| 36 |  | **TOTAL CREDITS** |  |

Any course with a “+” is not available on-line at this time, but the source material is available at the Holy Vajrasana temple and Retreat Center and may be at other sources.

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**II-Xuixing Seminary Certificate or Master’s Program**

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| --- | --- | --- | --- |
| *Credits* | *Course ID* | *Course Title* | *Prerequisites* |
| 0 | G02 | [**Spiritual Autobiography**](https://learningfrombuddha.org/courses/g02-spiritual-autobiography/) | None. Required to take before enrolling in any other courses. |
| 3 | ?? | ELECTIVES | Varies |
| 1 | G03(A) | [**Evolution of Buddhism & Five Vidyas**](https://learningfrombuddha.org/courses/g03a-evolution-of-buddhism-five-vidyas/) | G02 |
| 0 | G31X | \*Establishing and Maintaining a Dharma Center | G02 |
| 1 | G40 | [**Thus Have I Seen: The Marvelous Buddha Dharma and It’s Power to Transform**](https://learningfrombuddha.org/courses/g40/) | G02, D56(A) |
| 1 | D01 | [**Buddhism for Beginners, Listening to the Supreme & Magnificent Dharma**](https://learningfrombuddha.org/courses/d01-buddhism-for-beginners-listening-to-the-dharma/) | G02 |
| 1 | D02 | [**Buddhism for Beginners, On Suffering**](https://learningfrombuddha.org/courses/d02-buddhism-for-beginners-on-suffering/) | G02, D01(A) |
| 1 | D02.1 | [**Buddhism for Beginners, Good Fortune & Wisdom**](https://learningfrombuddha.org/courses/d02-1-advanced-buddhism-cultivating-good-fortune-wisdom/) | G02, D01(A) |
| 1 | D03 | [**Buddhism for Beginners,  Impermanence**](https://learningfrombuddha.org/courses/d03-buddhism-for-beginners-impermanence/) | G02, D01(A) |
| 1 | D03.1 | Buddhism for Beginners, Buddha Dharma | G02, D01(A) |
| 1 | D04(A) | [**Buddhism for Beginners: Finding a True Master**](https://learningfrombuddha.org/courses/d04a-determining-who-is-a-true-vajra-master/) |  |
| 1 | D07(A) | [**Buddhism for Beginners, Cause and Karmic Affinity**](https://learningfrombuddha.org/courses/d07a-buddhism-for-beginners-cause-and-karmic-affinity/) |  |
| 1 | D08(A) | +Buddhism for Beginners, Buddhism is Not a Religion |  |
| 1 | D09(A) | [**Buddhism for Beginners, The Bardo and Consciousness**](https://learningfrombuddha.org/courses/d09a-buddhism-for-beginners-the-bardo-consciousness-text-only/) |  |
| 1 | D12 | [**Buddhism for Beginners, Twenty Dharmas**](https://learningfrombuddha.org/courses/d12-buddhism-for-beginners-twenty-dharmas/) | G02, D01(A) |
| 1 | D13 | [**Buddhism for Beginners, Cutting-off Attachment to Self**](https://learningfrombuddha.org/courses/d13-buddhism-for-beginners-cutting-off-attachment-to-self/) | G02, D01(A) |
| 1 | D14 | [**Buddhism for Beginners, Opening the Crown**](https://learningfrombuddha.org/courses/d14-buddhism-for-beginners-opening-the-crown/) | G02, D01(A) |
| 1 | D15 | [**Buddhism for Beginners, Supernatural Powers and Qigong**](https://learningfrombuddha.org/courses/d15-buddhism-for-beginners-supernormal-powers-and-qigong/) | G02, D01(A) |
| 1 | D35(A) | Buddhism for Beginners: The 128 Evil and Erroneous Views | G02, D01(A) |
| 1 | \*D26 | Buddhism for Beginners, Taking Refuge | G02, D01(A) |
| 1 | \*D27 | Buddhism for Beginners, Devotion and Guaranteed Delivery Dharma | G02, D01A) |
| 1 | \*D28X | Buddhism for Beginners, Vajra Masters | G02, D01(A), D04(A) |
| 1 | \*D32X | Buddhism for Beginners, Good Roots | G02, D01(A) |
| 1 | \*D49X | Advanced Buddhism, Initiations | G02, D01(A) |
| 1 | \*D50 | Advanced Buddhism, Barrier of the Known | G02, D01(A) |
| 1 | \*D51 | Advanced Buddhism, Intellectual Frivolity | G02, D01(A) |
| 1 | D52 | [**Advanced Buddhism, Making Vows**](https://learningfrombuddha.org/courses/d52-advanced-buddhism-making-vows/) | G02, D01(A) |
| 1 | D53 | [**Advanced Buddhism, Beginning-less-ness**](https://learningfrombuddha.org/courses/dcb53/) | G02, D01(A) |
| 1 | D55 | Advanced Buddhism, Vajra Power, Karmic Affinity, and Repentance | G02, D01(A) |
| 1 | D56 | A[**dvanced Buddhism, Benefiting Living Beings**](https://learningfrombuddha.org/courses/d56-advanced-buddhism-benefitting-living-beings/) | G02, D01(A) |
| 1 | D57 | Advanced Buddhism, Walking Steadily | G02, D01(A) |
| 1 | D62 | [**Advanced Buddhism, Differences between Esoteric & Exoteric Buddhism**](https://learningfrombuddha.org/courses/d62x-advanced-buddhism-the-differences-between-exoteric-and-esoteric-buddhism-test-course/) | G02, D01(A), D44(A) |
| 1 | \*D80X | \*Advanced Buddhism, Rituals & Instruments | G02, D01(A) |
| 1 | V01 | *Vimalakirti Nirdesa Sutra* | G02 |
| 1 | DCB10 | *+The Monk Sutra* | G02, D01(A) |
| 1 | DCB12 | [***The Dharma of Cultivation***](https://learningfrombuddha.org/courses/dcb12-the-dharma-of-cultivation/) | G02, D01(A), D35(A) |
| 6 | DCB21-DCB26 | *+***Advanced Buddhism,** [***Imparting the Absolute Truth through the Heart Sutra***](https://learningfrombuddha.org/courses/dcb21-imparting-the-absolute-truth-through-the-heart-sutra-part-i/) | G02, D01(A) |
| 2 | DCB35 | [***Learning From Buddha***](https://learningfrombuddha.org/courses/dcb35-learning-from-buddha/) | DCB12, D22(A) |
| 1 | SB3? | [***The Nikayas* or *Agamas (take one of the series)***](https://learningfrombuddha.org/courses/sb31-the-nikayas-i/) | G02 |
| 2 | SB43 | *Avatamsaka Sutra* | G02 |
| 2 | SB50 | *Shurangama Sutra* | G02 |
| 2 | SB54 | [***Saddharmapundarika (Lotus) Sutra***](https://learningfrombuddha.org/courses/sb54-saddharmapundarika-lotus-sutra/) | G02 |
| 2 | C05 | *Mulamadhyamakakarika Treatise* | G02, D35(A), G03(A) |
| 2 | C18 | *Abhidharmakosa* | G02, D35(A), G03(A) |
| 2 | C23 | *Bodhisattvacharyavatara* | G02, D35(A), G03(A) |
| 2 | C40 | *Lam Rim Chen Mo* | G02, D35(A), G03(A) |
| 1 | P01 | [**Advanced Buddhism, Introduction to the *Supreme and Unsurpassable Mahamudra of Liberation (SAUMOL)***](https://learningfrombuddha.org/courses/p01-introduction-to-the-supreme-unsurpassable-mahamudra-of-liberation-saumol/) | G02, D01(A), D02(A), D02.1(A), D03(A), D35(A), D44(A), |
| 1 | P02X | [**Advanced Buddhism, *Supreme and Unsurpassable Mahamudra of Liberation (SAUMOL)***](https://learningfrombuddha.org/courses/p02x-introduction-to-the-supreme-and-unsurpassable-mahamudra-of-liberation-saumol/) | P01 |
| 1 | P03X or P04X | [**Advanced Buddhism*, The Vajra Perfection Yoga Dharma***](https://learningfrombuddha.org/courses/p03x-vajra-yoga-perfection-dharma/) or [***Green Tara Dharma Discourse at Dharma Assembly***](https://learningfrombuddha.org/courses/p04x-green-tara-dharma-discourse-at-dharma-assembly/) | G02, D01(A), D02(A), D02.1(A), D03(A), D35(A), G03(A),  P02X, G36,(VPYD only) |
| 1 | P08 or P09 | [**Grand Debate**](https://learningfrombuddha.org/courses/p08-grand-assembly-of-debates/) or Oral Exam | G02, D01(A) |
| 1 | P10 | **Buddhism for Beginners,** [***The Great Dharma of Zen Practice***](https://learningfrombuddha.org/courses/p10x-the-great-dharma-of-zen-practice/) | G02, D01(A) |
| 3 | B37 | Select 3 biographies ( [**B24-Lady Niguma**](https://learningfrombuddha.org/courses/b24-lady-niguma-10th-11th-centuries/), [**B26-Milarepa**](https://learningfrombuddha.org/courses/b26-master-milarepa-1052-1135/)&  [**B37-Dolpopa**](https://learningfrombuddha.org/courses/b37-master-dolpopa-1292-1361/)   are only biographies currently available) | G02, D35(A), G03(A) |
| 2 | R95(A) | [**+Short Term Retreats (take twice)**](https://learningfrombuddha.org/courses/r95-one-to-seven-day-meditation-retreats/) | G02, P10 |
| 2 | R97X | **+30-day Solitary  Retreat** | R95, D12(A), D13(A), P02X |
| 1 | P90 or P95 | [**Final Comprehensive Exam**](https://learningfrombuddha.org/courses/p90-final-comprehensive-exam/) or [**Dissertation**](https://learningfrombuddha.org/courses/p95-dissertation/) | G02 |
| 72 |  | **TOTAL CREDITS** |  |

NOTE:  Not all of the discourses included in the classes marked by an asterisk (\*) have been translated into English but will be added when the preliminary translations are available. Should any of the above listed discourses not be available, another course from that category of courses may be substituted. This list may be modified as more discourses or texts are available in English. Any course with a “+” is not available on-line at this time, but the source material is available at the Holy Vajrasana temple and Retreat Center.

**III-Xuixing Practice Program**

|  |  |  |  |
| --- | --- | --- | --- |
| *Credits* | *Course ID* | *Course Title* | *Prerequisites* |
| 0 | G02 | [**Spiritual Autobiography**](https://learningfrombuddha.org/courses/g02-spiritual-autobiography/) | None. Required to take before enrolling in any other BS or XS courses. |
| 1 | D01(A) | [**Buddhism for Beginners, Listening to the Supreme & Magnificent Dharma**](https://learningfrombuddha.org/courses/d01-buddhism-for-beginners-listening-to-the-dharma/) | None |
| 1 | D02(A) | [**Buddhism for Beginners, On Suffering**](https://learningfrombuddha.org/courses/d02-buddhism-for-beginners-on-suffering/) | D01(A) |
| 1 | D02.1(A) | [**Buddhism for Beginners, Good Fortune & Wisdom**](https://learningfrombuddha.org/courses/d02-1-advanced-buddhism-cultivating-good-fortune-wisdom/) | D01(A) |
| 1 | D03(A) | [**Buddhism for Beginners,  Impermanence**](https://learningfrombuddha.org/courses/d03-buddhism-for-beginners-impermanence/) | D01(A) |
| 1 | D03.1(A) | **Buddhism for Beginners, Buddha Dharma** | D01(A) |
| 1 | D06(A) | **Buddhism for Beginners: Main & Preliminary Practices** | D01(A) |
| 1 | D12(A) | [**Buddhism for Beginners, Twenty Dharmas**](https://learningfrombuddha.org/courses/d12-buddhism-for-beginners-twenty-dharmas/) | D01(A) |
| 1 | D13(A) | [**Buddhism for Beginners, Cutting-off Attachment to Self**](https://learningfrombuddha.org/courses/d13-buddhism-for-beginners-cutting-off-attachment-to-self/) | D01(A) |
| 1 | D22(A) | **Buddhism for Beginners, Dharma Lineage** | D01(A) |
| 1 | D35(A) | **Buddhism for Beginners, The 128 Evil and Erroneous Views** | D01(A) |
| 1 | D44(A) | **Buddhism for Beginners, Esoteric Dharma** | D01(A) |
| 1 | DCB12 | **Buddhism for Beginners,** [***The Dharma of Cultivation***](https://learningfrombuddha.org/courses/dcb12-the-dharma-of-cultivation/) | G02, D01(A), D35(A) |
| 1 | DCB21 | **+Advanced Buddhism,**[***Imparting the Absolute Truth through the Heart Sutra***](https://learningfrombuddha.org/courses/dcb21-imparting-the-absolute-truth-through-the-heart-sutra-part-i/)*-Forwards, Introductions, & Title* | G02, D01(A) |
| 1 | DCB22 | **+Advanced Buddhism,**[***Imparting the Absolute Truth through the Text of the Heart Sutra***](https://learningfrombuddha.org/courses/dcb21-imparting-the-absolute-truth-through-the-heart-sutra-part-i/)*-I* | G02, D01(A), DCB21 |
| 1 | DCB23 | **+Advanced Buddhism,**[***Imparting the Absolute Truth through the Text of the Heart Sutra***](https://learningfrombuddha.org/courses/dcb21-imparting-the-absolute-truth-through-the-heart-sutra-part-i/)*-II* | G02, D01(A), DCB22 |
| 1 | DCB24 | **+Advanced Buddhism,**[***Imparting the Absolute Truth through the Text of the Heart Sutra***](https://learningfrombuddha.org/courses/dcb21-imparting-the-absolute-truth-through-the-heart-sutra-part-i/)*-III* | G02, D01(A), DCB23 |
| 1 | DCB25 | **+Advanced Buddhism*,***[***Imparting the Absolute Truth through the Text of the Heart Sutra***](https://learningfrombuddha.org/courses/dcb21-imparting-the-absolute-truth-through-the-heart-sutra-part-i/)*-IV* | G02, D01(A), DCB24 |
| 1 | DCB26 | **+Advanced Buddhism,**[***Imparting the Absolute Truth through the Heart Sutra***](https://learningfrombuddha.org/courses/dcb21-imparting-the-absolute-truth-through-the-heart-sutra-part-i/)*,* ***How to Realize Prajna*** | G02, D01(A), DCB25 |
| 2 | DCB35 | **Advanced Buddhism,**[***Learning from Buddha***](https://learningfrombuddha.org/courses/dcb35-learning-from-buddha/) | DCB12, D22(A) |
| 1 | P01 | [**Advanced Buddhism, Introduction to the *SAUMOL***](https://learningfrombuddha.org/courses/p01-introduction-to-the-supreme-unsurpassable-mahamudra-of-liberation-saumol/) | G02, D01(A), D02(A), D02.1(A), D03(A), D35(A), D44(A) |
| 1 | P02X | [**Advanced Buddhism*, Supreme and Unsurpassable Mahamudra of Liberation (SAUMOL)***](https://learningfrombuddha.org/courses/p02x-introduction-to-the-supreme-and-unsurpassable-mahamudra-of-liberation-saumol/) | P01 |
| 1 | P10 | **Buddhism for Beginners,** [***The Great Dharma of Zen Practice***](https://learningfrombuddha.org/courses/p10x-the-great-dharma-of-zen-practice/) | G02, D01(A) |
| 1 | R95(A) | [**+Short Term Retreat**](https://learningfrombuddha.org/courses/r95-one-to-seven-day-meditation-retreats/) | G02, P10 |
| 2 | R97X | **+30-day Solitary  Retreat** | R95(A), D03.1, D06(A), D12(A), D13(A), DCB35, P02X |
| 26 |  | **TOTAL CREDITS** |  |

You will also need to have progressed or completed your “Four Preliminary Practices” and have an active yidam practice. You may use the Four-Armed Kuan Yin (Avalokiteshvara) yidam practice in “P03X-Vajra Yoga Perfection Dharma,” which requires “G36-Dharma that Every Buddhist Must Follow” in addition to the courses listed above as prerequisites. Any complete yidam practice that has the preliminaries, main, and concluding components and was received from an authentic Buddhist lineage may also be used. Any other needed Dharmas can be transmitted as part of the retreat. If you need extra Dharma, you should allow enough time at the temple prior to beginning your retreat. There are many other discourses by H.H. Dorje Chang Buddha III that you should also hear or read, but these are essential. Any course with a “+” are not available on-line at this time, but the source material is available at the Holy Vajrasana temple and Retreat Center or other sources and some are discussed in various ZOOM sessions.

**For more details concerning each class click on “Available Courses” and click name of course at** [**https://learningfrombuddha.org/available-courses/**](https://learningfrombuddha.org/available-courses/) **;**

**For links to a description and curriculum to each of the required and other courses click “Courses” for thumbnail descriptions and the ability to select categories of courses at** [**https://learningfrombuddha.org/courses/**](https://learningfrombuddha.org/courses/) **;**

**To become a member and enroll as an “Auditing Student,” a “Buddhist Studies Student,” or a “Xiuxing Seminary/Xiuxing Practice Student, click** [**https://learningfrombuddha.org/types-of-lfbcs-memberships/**](https://learningfrombuddha.org/types-of-lfbcs-memberships/) **.**