

**True Stories About a Holy Monk:** Contains lectures given by the Elder Monk and others and the “Vajra Yoga Perfection Dharma,” a complete yidam dharma practice.  
<http://holyvajrasana.org/buddha-dharma/true-stories-about-a-holy-monk>. LFBS Course P03X.

**Supreme and Unsurpassable Mahamudra of Liberation (SAUMOL):** Partially released in Chinese with English translation in process. Classes are being held on preliminary English translation at the Holy Vajrasana Temple and elsewhere. This offers advanced cultivation dharma, explains the relationship between cultivation of character and cultivation of the mind. It includes both the “Xiaman Most Excellent Oceanic Mind-Essence” and the “Most Excellent Enlightenment Emptiness-Practice Oceanic Mind-Essence.

It also introduces the seven joint preliminary practices that need to be pondered deeply: 1-the difficulty of obtaining a human body, 2-death and impermanence, 3-the suffering of samsara, 4-the inevitability of karmic retribution, 5-the fact that the true dharma is now available, 6-cutting off attachment to self and persistently cultivating yourself, and 7-saving yourself and others. It provides the vow and practice of H.H. Dorje Chang Buddha III and certain “Verses Explaining Phenomena.” It also lists the “128 Evil and Erroneous Views.” Check the section on the Virtual Holy Vajrasana Temple Mission to see how you can join an ongoing group practice of this Dharma and/or this link for more information on the Dharma.  
<http://holyvajrasana.org/buddha-dharma/supreme-and-unsurpassable-mahamudra-of-liberation>.  
LFBS Courses D35(A), P01 & P02X.

**Brief Explanation of 128 Evil and Erroneous Views:** Offers short discourses by H.H. Dorje Chang Buddha III on mistaken views that exist in Buddhism today. Zhaxi Zhuoma’s blog also provides introduction to these discourses that are included on the Temple website and here:  
<http://holyvajrasana.org/buddha-dharma/supreme-and-unsurpassable-mahamudra-of-liberation/128-evil-and-erroneous-views>. LFBS Course D35(A).

**A Monk Expounds the Absolute Truth to a Layperson and The Sutra on Definitive Truth** are sutras available in Chinese. The Buddha Master has given a series of discourses on *The Truth Sutra*, but none of these have been translated into English. Zhaxi Zhuoma does read preliminary translations of these short, delightful sutras from time to time at the temple and elsewhere. They both relate to understanding emptiness and the cultivation of the mind.

**Expounding the Absolute Truth Through the Heart Sutra:** Although the 700-page book itself has not yet been released in English the following site describes events related to the publishing of this great holy book in Chinese. Classes are being held on a preliminary translation at the Holy Vajrasana Temple and on ZOOM. Individuals may make special arrangements to come to and stay at the temple to read the latest translation. (NOTE: Early translations used “imparting” instead of “expounding” in the title.)  
<http://holyvajrasana.org/lineage/buddhas-bestowed-nectar-to-recognize-h-h-dorje-chang-buddha-iii>.  
LFBS Courses DCB21-DCB26.

**Other Discourses:** There are many discourses available in Chinese that provide further insight into the above texts. Classes are available at the *Learning from Buddha Seminary* that make preliminary English translations of many of these discourses available on-line.

**Other Resources: Office of H.H. Dorje Chang Buddha III:**  
Website: <http://www.hhdcb3office.org>.  
**World Buddhism Association Headquarters:**  
Website: <https://www.wbahq.org>.

**Thus Have I Seen: The Marvelous True Buddha Dharma and Its Power to Transform:** Zhaxi Zhuoma Rinpoche, a senior and close disciple of H.H. Dorje Chang Buddha III, shares her experiences—what she saw and heard while following her guru. It came out of a powerful and transformational private discourse she received from His Holiness that compared her to a phoenix and a chicken. It includes many holy manifestations or miracles that she witnessed and sometimes participated in and her understanding of what you need to do to become enlightened and a holy person. It is also the foundation upon which she is building the Learning from Buddha Seminary and the Holy Vajrasana Temple & Retreat Center. She wrote the book to help others better understand what it was like to follow a true Holy Being--a Buddha. The book also includes certain practice Dharmas to be used in following the Buddha. The book is available on Amazon & <https://holyvajrasana.org/thus-have-i-seen>.

**Xuanfa Institute:** The Xuanfa Institute is a religious non-profit established to propagate or disseminate True Dharma. “XUAN” is the Chinese word for propagate and “FA” means either law or dharma. The Holy Vajrasana Temple and the Learning from Buddha Seminary (LFBS) are both entities that exist under the Xuanfa umbrella. The logo symbolizes the dharmakaya (sun & moon on clouds) with the seven jewels you gain from learning from the Buddhas.

## English Guide to the True Buddha-Dharma of H.H. Dorje Chang Buddha III May 7, 2025



**The Holy Vajrasana Temple and Retreat Center:** A temple located at the site of the Fourth Vajra Throne (Vajrasana) near Fresno, California at 11507 East Ashlan Avenue, Sanger. Its website provides the lineage and background of H.H. Dorje Chang Buddha III and many of the teachings listed below and various articles about the Buddha and Buddhist practice. It also explains the temple’s history and how to make pilgrimages to the site and receive blessings from the Holy Vajra Poles as well as various dharmas, rituals, practices, blessings, and how to attend group & advanced solitary meditation retreats. Website: <http://holyvajrasana.org>. Some of the website is also available in German: Website: <https://xuanfa-dharmazentrum.de> (German); Website: <https://xuanfa-dharmazentrum.de/en/> (English). Email: [xuanfainstitute@gmail.com](mailto:xuanfainstitute@gmail.com) or [zhaxiz@gmail.com](mailto:zhaxiz@gmail.com); Phone: (626) 375-6328

**Learning from Buddha Seminary (LFBS):** This Buddhist on-line institution & seminary features the True Buddha Dharma brought to this world by Shakyamuni Buddha and His teacher Dorje Chang Buddha, and as expounded in this current era by H.H. Dorje Chang Buddha III. This is essentially a distance learning program with opportunities for solitary & group meditation retreats. It includes a free Auditing Program as well as the Buddhist Studies and Xiuxing Seminary paid membership programs. It also promotes a Xiuxing Practice Program that focuses on Dharma practice and other special seminars and programs. It features discussion sessions on ZOOM. Click for more information and available courses and schedule of events: Website: <http://learningfrombuddha.org/>. Email: [xuanfainstitute@gmail.com](mailto:xuanfainstitute@gmail.com) or [zhaxiz@gmail.com](mailto:zhaxiz@gmail.com); Phone: (626) 375-6328

**Heartwood Refuge Monastery & Correct Cultivation Learning from Buddha Academy:** A dynamic monastic & lay community focusing on realizing and living the truths offered through discourses and published sutras of H.H. Dorje Chang Buddha III at

389 Courtland Blvd, Hendersonville, North Carolina 28791. They examine tri-yana texts (Theravada, Mahayana and Vajrayana); engage in vigorous dharma discussions; provide meditation training accompanied by health enhancement methodologies to equip the body for intensive practice; hold weekly pujas, 3 to 7 day solitary retreats in HHDCBIII lineage; provide 30-day self-directed retreat space for practitioners of any contemplative tradition, up to one year approved internships or temporary ordination for students considering monasticism or deeper understanding of the xuijing practices at the monastery; and create space to encourage development and expression of the resultant five vidyas.

Website: [Home - Heartwood Refuge & Academy.](#)

Email: [info@heartwoodrefuge.org](mailto:info@heartwoodrefuge.org); Phone: (828)-356-5568.

**“Thus, Have I Seen (and Heard)”** is a weekly blog offered by Zhaxi Zhuoma Shang Da De (Rinpoche) primarily on the teachings and activities related to H.H. Dorje Chang Buddha III. It also announces news from the Office of HHDCBIII, the International Buddhism Sangha Association, the World Buddhism Association Headquarters, and The Holy Miracles Temple in Pasadena and tells where and when various readings and oral translations of discourses by H.H. Dorje Chang Buddha III will be given in English, and other related news, including LFBS announcements. Comments and feedback welcome on blog. Website: <https://www.zhaxizhuoma.org/>.

**Virtual Holy Vajrasana Temple Mission:** Reba Jinbo

Rinpoche hosts several morning ZOOM sessions that evolved out of the COVID-induced Lemonade Sangha efforts.

At 5:00 AM Pacific time on weekday mornings there is an international bilingual Zoom session that focuses on a word-for-word analysis of one of the Buddha Master’s teachings. Chinese speakers benefit from an in-depth study of the English translation while English speakers gain insight from an introduction to the meaning of the Chinese characters. The Zoom link is: <https://us02web.zoom.us/j/82934114348>

At 6:00 AM Pacific time, Monday through Saturday, a core group of faithful followers of H.H. Dorje Chang Buddha III meet virtually to chant, reflect, meditate, and dedicate merit to other living beings. The Zoom link is the same as above: <https://us02web.zoom.us/j/82934114348>

At 6:00 AM Pacific time on Sundays there is a reading from the SAUMOL. Afterwards there is an opportunity for discussion. You must register for this Zoom session at the following link: <https://us02web.zoom.us/meeting/register/tZUkce-grjooG9yaPDDiWMHJbiV8q-glvHb1>

**Fa Chan Temple** provides Zen Meditation in the authentic style of Soto Zen and provides teachings by H.H. Dorje Chang Buddha III. Located at 10161 Choiceana Ave, Hesperia, California, it holds Zen meditation sessions on Saturday at 10:00 am Pacific Time, and weekdays at 5:30 am. Email the temple to request ACCESS to 5:30 am MEDITATION SESSIONS or to request 2 or 7-day GUIDED RETREATS. On the last Saturday there will be Oryoki lunch after Zen meditation. Website: <https://www.kayas.org/practice-inner-peace>. Email: [FaZangLama@gmail.com](mailto:FaZangLama@gmail.com); Phone: (442)-368-2071.

**Xuanfa Holy Heavenly Lake Dharma Center:** Starting again in June 2025, classes on the Dharma teachings of H.H. Dorje Chang Buddha III will be held starting at 10:00 am Pacific Time on one Sunday every month at 10161 Choiceana Ave, Hesperia, California. Website: <https://www.zhaxizhuoma.org/>. Email: [zhaxiz@gmail.com](mailto:zhaxiz@gmail.com). Phone: (626)-375-6328.

## Teachings Available in English:

The teachings of H.H. Dorje Chang Buddha III are the same as those taught by Shakyamuni Buddha over 2,500 years ago. However, over the thousands of years and translations through many languages and cultures, some concepts have been misinterpreted or lost. His Holiness came to this world to correct these errors and omissions and offer the true Dharma as taught by Shakyamuni Buddha and in a manner more suitable for our age and time. The Buddha emphasizes two things: The cultivation of character, our ethics, morals, or how we become “good” people, and the cultivation of the mind or how we gain the power of a Buddha and understand the true nature of reality. With these two qualities, one acquires good fortune and wisdom, ends the cycle of birth and death, becomes a holy person, and eventually becomes a Buddha. The following are the major teachings available in English and where you can find them:

***H.H. Dorje Chang Buddha III: A Treasury of True Buddha-Dharma*** was published in 2008 in both Chinese and English to document a few of the accomplishments of H.H. Dorje Chang Buddha III and the process whereby the leading Buddhists in the world recognized what these accomplishments meant. You can obtain a copy of this 560-page book from the International Buddhism Sangha Association, 3134 22nd Street, San Francisco, CA 94110-3219, PHONE: (415) 920-9816, FAX: 415-920-9836. The history of the book and some of its content is also available on the Holy Vajrasana Temple website listed previously and as LFBS Course G01(A).

***What is Cultivation?*** Provides the essence of how we should approach, learn, and practice cultivation of character. This was

translated into English in *H.H. Dorje Chang Buddha III*. A complete translation is also available on the Temple website at <http://holyvajrasana.org/buddha-dharma/what-is-cultivation> along with how this dharma was transmitted. An absolutely essential teaching on how to become a holy person. LFBS Course DCB12.

***Learning From Buddha:*** Three dharma discourses given early in 2016 by H.H. Dorje Chang Buddha III were published later in the year as *Learning from Buddha* along with two photos showing the transformation of H.H. Dorje Chang Buddha III from an elderly person to a youth and the comments by His Holiness on the two photos that include eleven core principles of Buddhism (listed below). These are all currently available in Chinese and English. <http://holyvajrasana.org/buddha-dharma/learning-from-buddha>. LFBS Course DCB35.

***Eleven Core Principles of Buddhism:***

“1-Stay far away from feudal superstition, strange or heretically induced phenomena, evil masters, deceivers, heretics within Buddhism, evil teachings, and evil books.

“2-Strictly abide by the precepts and disciplinary rules of Buddhism.

“3-Take great compassion as your foundation.

“4- Do not do anything that is evil.

“5-Do all things that are good.

“6-Give up self-interests and benefit others.

“7-Patiently endure insult and adversity.

“8-Practice humility.

“9-Purify your own mind.

“10-When encountering living beings, regardless of whether they are handicapped, sick, or healthy, treat them all equally as family members.

“11-Know that all phenomena are governed by cause and effect. Good causes result in good retribution. Good retribution yields good fruit. Good fruits enable one to acquire true dharma. Relying on the dharma, one can achieve perfect good fortune and wisdom. Then one can step into the state of accomplishment, break away from the sufferings that living beings experience, end transmigration through birth and death, and accomplish the perfect enlightenment of a Buddha!” LFBS Course DCB35.

***The Great Dharma of Zen Practice:*** H.H. Dorje Chang Buddha III transmitted the Great Dharma of Zen in 2013 and gave a discourse on the nature of zen and how it should be practiced. Includes mantras. <http://holyvajrasana.org/buddha-dharma/great-dharma-of-zen>. LFBS Course P10.