

## Lokavipatti Sutta

<i>H.H. Dorje Chang Buddha</i>	<i>Nagarjuna<sup>1</sup></i>
<b>Eight Winds</b>	<b>Eight Worldly Concerns (dharmas)</b>
Gain	Gifts
Loss	No Gifts
Honor or fame	Fame
Disgrace, dishonor, or infamy	Notoriety
Praise	Praise
Ridicule or censure, blame, or criticism	Criticism
Pleasure or happiness	Comfort
Suffering or pain	Discomfort

Holy persons are not carried away by the Eight Worldly Winds which represent a set of four opposing states which exist in our lives in Samsara. They are neither elated by prosperity nor grieved by decline. We ordinary people seek safety and comfort—our attachments—and try to avoid that which makes us uncomfortable and thus we suffer. We have trouble letting go when we should as Dorje PaMu told us “Just put it down.”

Shakyamuni Buddha tells us in the *Lokavipatti Sutta*: “When gain, loss, status, disgrace, censure, praise, pleasure or pain arise for an ordinary person they do not reflect, ‘Gain has arisen for me. It is inconstant and subject to change.’ He (or she) does not discern it as it actually is. He welcomes the gain and rebels against the loss. He welcomes the status and rebels against the disgrace. He welcomes the praise and rebels against the censure. He welcomes the pleasure and rebels against the pain.”

H.H. Dorje Chang Buddha expanded the eight to a list of “Twenty Dharmas Relating to Ordinary Feelings” that give us a more complete list of the feelings and emotions related to worldly concerns that normally preoccupy and sway ordinary people. As part of our daily “Learning from Buddha Reflection” we reflect on and vow:

*I will cut off ordinariness and enter holiness.*

*I will discard and not be attached to any of the twenty dharmas of ordinary feelings including: Fame, Gain, Prosperity, Decline, Good fortune, Gladness, Increase, Decrease, Antipathy, Resentment, Anger, Hatred, Scheming, Defamation, Seizing, Harming, Illness, Suffering, Parting, and Death.*

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<sup>1</sup> SOURCE: Pabongka Rinpoche, *Liberation in the Palm of Your Hand*, pp. 335-8.

