

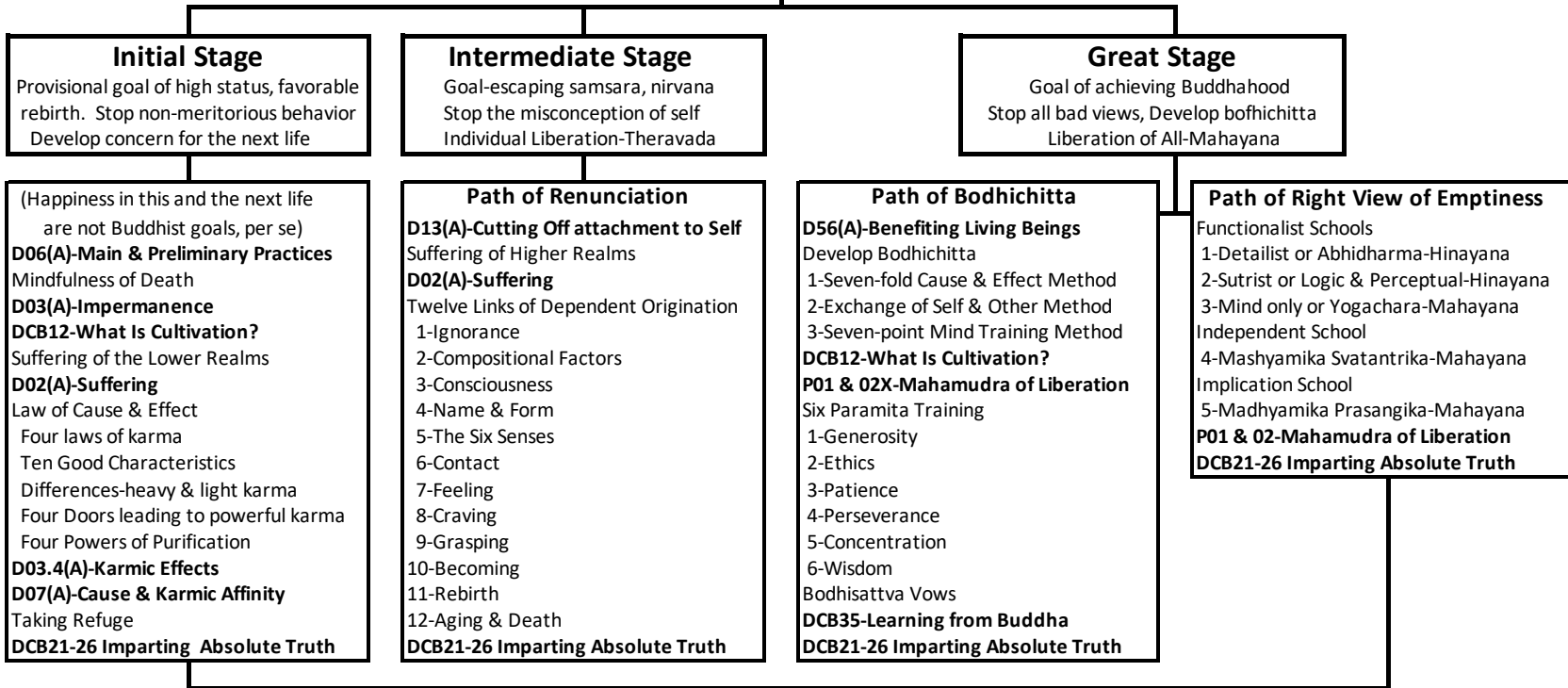
Three Principal Stages & Paths of Buddhist Practice

A Comparison of Tsongkapa's Lam Rim and the Teachings of H.H. Dorje Chang Buddha III

TEXTS: Lam Rims by Je Tsongkapa with commentary by Pabongka Rinpoche
The Principal Teachings of Buddhism
Preparing for Tantra: The Mountain of Blessings
Liberation in the Palm of Your Hand

The Preliminaries
 Greatness of the Lineage
 Greatness of the Dharma
 Right way to Explain & Listen to Dharma
 Practices During Meditation Sessions
 Practices Between Meditation Sessions
 How to take a Lama
 How to take the essence of this life

G01(A)-HHDCBIII, Treasury of True Dharma
G03(A)-Evolution of Buddhism-Five Vidyas
D01(A)-Supreme & Magnificent Dharma
D35(A)-128 Evil & Erroneous Views
DCB12-What Is Cultivation?
P10-Great Dharma of Zen Practice
D04(A)-Determining Who Is True Vajra Master



Initial Stage
 Provisional goal of high status, favorable rebirth. Stop non-meritorious behavior
 Develop concern for the next life

Intermediate Stage
 Goal-escaping samsara, nirvana
 Stop the misconception of self
 Individual Liberation-Theravada

Great Stage
 Goal of achieving Buddhahood
 Stop all bad views, Develop bofichitta
 Liberation of All-Mahayana

(Happiness in this and the next life are not Buddhist goals, per se)
D06(A)-Main & Preliminary Practices
 Mindfulness of Death
D03(A)-Impermanence
DCB12-What Is Cultivation?
 Suffering of the Lower Realms
D02(A)-Suffering
 Law of Cause & Effect
 Four laws of karma
 Ten Good Characteristics
 Differences-heavy & light karma
 Four Doors leading to powerful karma
 Four Powers of Purification
D03.4(A)-Karmic Effects
D07(A)-Cause & Karmic Affinity
 Taking Refuge
DCB21-26 Imparting Absolute Truth

Path of Renunciation
D13(A)-Cutting Off attachment to Self
 Suffering of Higher Realms
D02(A)-Suffering
 Twelve Links of Dependent Origination
 1-Ignorance
 2-Compositional Factors
 3-Consciousness
 4-Name & Form
 5-The Six Senses
 6-Contact
 7-Feeling
 8-Craving
 9-Grasping
 10-Becoming
 11-Rebirth
 12-Aging & Death
DCB21-26 Imparting Absolute Truth

Path of Bodhichitta
D56(A)-Benefiting Living Beings
 Develop Bodhichitta
 1-Seven-fold Cause & Effect Method
 2-Exchange of Self & Other Method
 3-Seven-point Mind Training Method
DCB12-What Is Cultivation?
P01 & 02X-Mahamudra of Liberation
 Six Paramita Training
 1-Generosity
 2-Ethics
 3-Patience
 4-Perseverance
 5-Concentration
 6-Wisdom
 Bodhisattva Vows
DCB35-Learning from Buddha
DCB21-26 Imparting Absolute Truth

Path of Right View of Emptiness
 Functional School
 1-Detailist or Abhidharma-Hinayana
 2-Sutrist or Logic & Perceptual-Hinayana
 3-Mind only or Yogachara-Mahayana
 Independent School
 4-Mashyamika Svatantrika-Mahayana
 Implication School
 5-Madhyamika Prasangika-Mahayana
P01 & 02-Mahamudra of Liberation
DCB21-26 Imparting Absolute Truth

The Conclusion
 The next steps after you have gained proficiency in the other stages of this path
 Continue to Develop Bodhichitta and Prajna
 Practice the Mahamudra of Liberation
 Seek Initiation and Practice Higher Dharmas

These bold references are teachings of H.H. Dorje Chang Buddha III available at the Learning from Buddha College & Seminary. Certain courses related to the Esoteric or Vajrayana & other exoteric courses are not included here.