

## Prerequisites for Green Tara Initiation

1	Take Refuge	This can be with either three or four jewels and with any authentic master who has authority to take students in a legitimate lineage.
2	Receive Four Preliminary Practices	In esoteric tradition, you will probably receive 1-2 when you take refuge and then receive the others as you progress. You should keep a diary or some record of how many times you do each practice, as you require at least 100,000 for higher initiations. This is essential and it does require transmission from a qualified master.
3	Listen to and read authentic Dharma Discourses	Enroll in Learning from Buddha's Xiuxing Seminary G02- <a href="#">Spiritual Autobiography</a> C01- <a href="#">Essays from Dharma King Zun Sheng</a> D01- <a href="#">Buddhism for Beginners, Listening to the Supreme &amp; Magnificent Dharma</a> D02- <a href="#">Buddhism for Beginners, On Suffering</a> D02.1- <a href="#">Buddhism for Beginners, Good Fortune &amp; Wisdom</a> D03- <a href="#">Buddhism for Beginners, Impermanence</a> D03.1(A)- <a href="#">Buddhism for Beginners, Buddha Dharma</a> D06- <a href="#">Buddhism for Beginners: Main &amp; Preliminary Practices</a> D07(A)- <a href="#">Buddhism for Beginners, Cause and Karmic Affinity</a> D22(A)- <a href="#">Buddhism for Beginners, Dharma Lineages.</a> D35(A)- <a href="#">Buddhism for Beginners: The 128 Evil and Erroneous Views</a> D44- <a href="#">Buddhism for Beginners-Esoteric Dharma</a>
4	Read and study basic Dharma books	DCB12- <a href="#">The Dharma of Cultivation</a> DCB35- <a href="#">Learning From Buddha</a> P10- <a href="#">The Great Dharma of Zen Practice</a>
5	Understand the transmission lineage of H.H. Dorje Chang Buddha III	G03(A)- <a href="#">Evolution of Buddhism &amp; Five Vidyas</a> D56(A)- <a href="#">Advanced Buddhism, Benefiting Living Beings</a> G40(A)- <a href="#">Thus Have I Seen: The Marvelous Buddha Dharma and it's Power to Transform</a>
6	Study and Practice the SAUMOL	P01- <a href="#">Advanced Buddhism, Introduction to the SAUMOL</a> P02X- <a href="#">Advanced Buddhism, Supreme and Unsurpassable Mahamudra of Liberation (SAUMOL)</a>
7	Study and practice the <i>Heart Sutra</i> ; Attend and/or listen to ZOOM discussions: Study at Holy Vajrasana Temple.	<a href="#">Expounding the Absolute Truth through the Heart Sutra</a> DCB21- <a href="#">Forwards, Introductions, &amp; Title</a> DSB22- <a href="#">Text-I</a> DCB23- <a href="#">Text-II</a> DCB24- <a href="#">Text-III</a> DCB25- <a href="#">Text-IV</a> DCB26- <a href="#">How to Realize Prajna</a>
8	Practice advanced tantra	G36- <a href="#">Dharma that Every Buddhist Must Follow</a> P03X- <a href="#">Advanced Buddhism, The Vajra Perfection Yoga Dharma</a> P04X- <a href="#">Advanced Buddhism-Green Tara Dharma</a> (Requires enrollment in course and completion of the above courses to receive initiation)

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9	Approval for the initiation by Facilitator	Interview(s) with Facilitator
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Revised: June 9, 2026